



CIT 2019



PROMOTING
OFFICER SAFETY AND WELLNESS

Naperville, IL

June 3-4

Plenary and breakout sessions provide specialized training solutions:

- Building Coping Skills
- Blue H.E.L.P.
- CIT For Dispatchers
- The DuPage Triangle
- Emotional Wellness
- Officer Trauma & Harm Reduction Strategies
- FOID Updates
- ILETSB CIT Updates
- Officer Self-Care
- Peer Support
- Sustaining & Expanding Your CIT Program
- AND MORE!!!

Special Guests!



Sgt. Susan Kenny from the Chicago Police Department with Therapy Dog Loki

REGISTER AT

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eg56ubl9c4eb131b&oseq=&c=&ch>

Questions? Contact the ILETSB Executive Institute
309.298.2646



Plenary Session Speakers



JACK HARRIS

Jack Harris conducts training on a variety of topics aimed at *Helping Keep Good People Good*. His experience in law enforcement, management, and behavioral science, combined with a passion for practical solutions, provides results-oriented training aimed at helping people develop skills they can apply to everyday, real-life, situations.



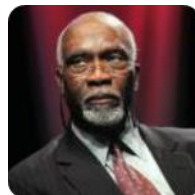
KEVIN HINES

Two years after he was diagnosed with bipolar disorder, Kevin attempted to take his life by jumping from the Golden Gate Bridge. Now an award-winning global speaker, best-selling author, documentary filmmaker, and suicide prevention and mental health advocate, he has reached millions with his story of an unlikely survival and his strong will to live.



CLARKE and TRACIE PARIS

A husband and wife team known for creating *The Pain Behind the Badge* - an award-winning documentary film on police stress and suicide. Clarke formerly served as a police officer with the Las Vegas Metropolitan Police Department and Tracie is an RN with experience as a Trauma Nurse in a Trauma Unit. Together, they address Clarke's work-related struggles and tools for daily management.



TERRY G. HILLARD - Luncheon Speaker

Terry Hillard is a distinguished law enforcement leader. For more than three decades, Hillard protected the citizens of Chicago, including a notable tenure as Superintendent of the Chicago Police Department. Hillard is a leader among those that speak out about police officer suicide. He continues to be an advocate for law enforcement.



JOSEPH SMARRO

As a San Antonio police officer for 13 years, Joseph is one of the original members of the mental health unit and has been directly involved with making it a nationally recognized program. He is the primary instructor on mental health for the department and conducts tailored trainings to first responders around the country. Most recently he was featured in an award-winning documentary on mental health, *Ernie & Joe* – out later this year.